



**LADY JAGUAR BASKETBALL  
PARENT GUIDELINES**

Welcome to Lady Jaguar Basketball! The coaching staff is excited about having your daughter in the Flower Mound High School Lady Jaguar Basketball program. Although your daughter is the primary participant in the program, we feel you, as parents, play a very important role in helping our program to be a success.

- 1. Booster Club:** This is the support group for our program. Becoming a member enables you to be involved with the many aspects of Lady Jaguar Basketball. The program would struggle to exist without the Booster Club. Therefore, we strongly encourage you to join and attend some of the meetings. We realize you have a busy schedule, as do we, but we only meet once a month for usually no more than an hour.
- 2. Fundraisers:** Free Throw-A-Thon; Booster Club Fee; "Schoolfundr", Spirit Nights and other fundraisers as needed
- 3. Practice:** Although it is ultimately your daughter's responsibility to get to practice on time, we ask that you help us keep them prompt. Some of the players can't drive yet and they rely on you to get them to morning practice. If she will not be attending practice, please send the coaches a message on the SportsYou app.
- 4. Travel:** All student-athletes are required to ride the bus to and from all events. We go to the games as a TEAM and come home as a TEAM. If there is a special circumstance, please contact the coach ahead of time and fill out the appropriate paperwork.
- 5. Trainers:** Our trainers are certified professionals. If a student is injured, we recommend that she go to our trainers first before going to the doctor. They will not hesitate to send her to a doctor if it is necessary. Training room opens at 7:00 AM. If an athlete is injured, she is required to be there the next morning for treatment at 7:00. (Per LISD policy, we are required to inform you that a catastrophic injury may occur while participating in athletics.)
- 6. Parent Conferences:** We realize that you may want to meet with the coaches about your daughter. If that is the case, you may email me at [nelsonsa@lisd.net](mailto:nelsonsa@lisd.net) or call me and request to set up a conference to discuss your concerns. If there is a conference set up, there will always be at least two coaches present, as well as your daughter. Our main concern lies with your child and the rest of the players. We will not meet on a game day unless absolutely necessary.

**Issues NOT appropriate for discussion with your child's coach:**

- a. The team she is selected to play on
- b. Playing time
- c. Team strategy/play calling

- Procedure:
1. Student-athlete conference with coach
  2. Student-athlete, parent conference with coach
  3. Meet with FMHS Athletic Director
  4. Meet with FMHS Principal

**7. Volunteers:** I know your time is valuable but we need volunteers to help us keep everything running. In order to work with us, you have to complete a background check. Please go to [lewisvilleisd.VOLY.org](http://lewisvilleisd.VOLY.org) and fill out the forms needed. Make sure to select FMHS and FM9! Thank you in advance for taking care of this.

**8. Sportsmanship:** This is very important for the parents as well as the players. Parents should support the players on and off the court with positive comments and a positive attitude. We expect you to behave appropriately in the stands at a basketball game. Please do not disrespect the coaches, players (of either team), or the referees.

We are really glad to have your daughter in the program. We are expecting great things this season! I know this program means a lot to each and every one of these young ladies and we hope you'll play a big part in our success.

***Please sign the next page and turn in at the end of the meeting!***

**Please sign and return to the coaching staff**

I have been given a copy of the Player and Parent Guidelines for the FMHS Girls' Basketball Program. I agree to abide by these guidelines set for the program.

Date: \_\_\_\_\_

Player Name Printed: \_\_\_\_\_

Player Signature: \_\_\_\_\_

Parent (1) Name Printed: \_\_\_\_\_

Parent (1) Signature: \_\_\_\_\_

Parent (2) Name Printed: \_\_\_\_\_

Parent (2) Signature: \_\_\_\_\_